



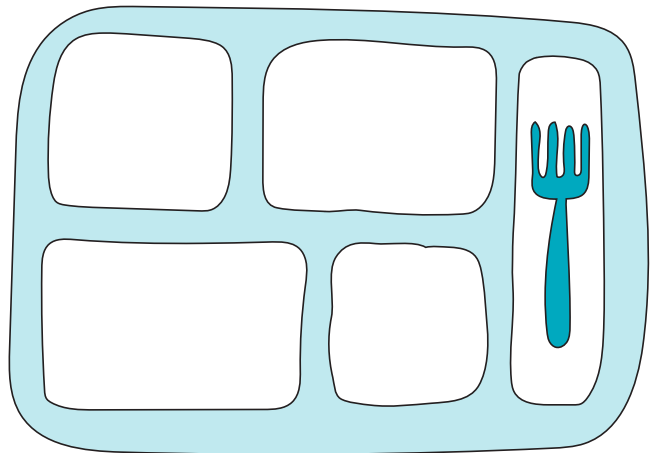
MCC food fun page



Why are school lunches so important?

A much-needed break. Time to hang out with friends. Fuel for the rest of the day. What do you enjoy about lunch at school?

On the tray, draw your favorite things to eat for lunch. Include some healthy grains, proteins, fruits and veggies. But it's okay to add a sweet or salty treat, too!



In Rumbek, South Sudan, many students eat their only full meal of the day at school. MCC shares canned meat with schools there. Having protein makes it easier to learn. Students, like Mary Aniong and Amida Yunis, help staff like Mary Mayom cook.

Kids close to home and thousands of miles away benefit from school lunches and the supplies that people like you pack into MCC school kits. This word search celebrates the joy of school — and school lunches — in Rumbek and beyond. Can you find all the words?

- cannedmeat
- friends
- fruit
- learning
- lessons
- lunch
- protein
- rice
- Rumbek
- school
- schoolkits
- tasty
- vegetables



K B O W T J M F Y E U I Z N L
 U W T I G X S R T O X X T I E
 M T U Q Y N B I J A R Q Q E S
 O R B F M V I E Z H S M Q T S
 F T A E M D E N N A C T Y O O
 X I Z U Y R U D R S M N Y R N
 K E B M U R L S M A C X U P S
 S C H O O L K I T S E H E L Q
 I T W R F C F A U L A L O E U
 E S I K T T J A T Y J A I O T
 I C W S O V W F H F R X S K L
 E C N H F E E F E A B V H H W
 F V E G E T A B L E S R G B F
 N G S O D R G E V O W G Z M W
 J X C N O T M T H B C S L J Y



Fish, chickens or both?

All over the world, people raise fish and chickens. Can you tell which of these fun facts apply to fish, to chickens or to both magnificent creatures?

- | | |
|--|----------|
| 1. Live on land | 1. _____ |
| 2. Lay eggs | 2. _____ |
| 3. Breathe through gills | 3. _____ |
| 4. Are vertebrates (have a backbone) | 4. _____ |
| 5. Form groups called "schools" or "shoals" | 5. _____ |
| 6. Females are called "hens" and males are called "roosters" | 6. _____ |



Farming word scramble

Unscramble these words to see what fruits and veggies need to grow. Then, unscramble the highlighted letters for a bonus word!



utglishn ○ ○ ○ **u** ○ ○ ○ ○ ○ ○ ○ ○

taewr ○ **t** ○ ○ ○ ○ ○

osli ○ ○ ○ ○ **o**

nurtsein ○ ○ ○ ○ ○ ○ ○ ○ **n** ○ ○

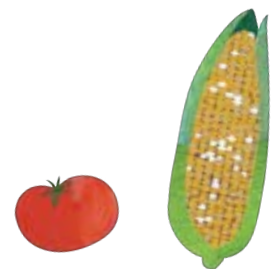
scpae ○ **s** ○ ○ ○ ○ ○



Answer Key

Fish, chickens or both?
 1. Sunlight 2. Water 3. Soil 4. Nutrients 5. Space **Bonus word: PLANT**

Farming word scramble
 1. Chickens 2. Both 3. Fish 4. Both 5. Fish 6. Chickens

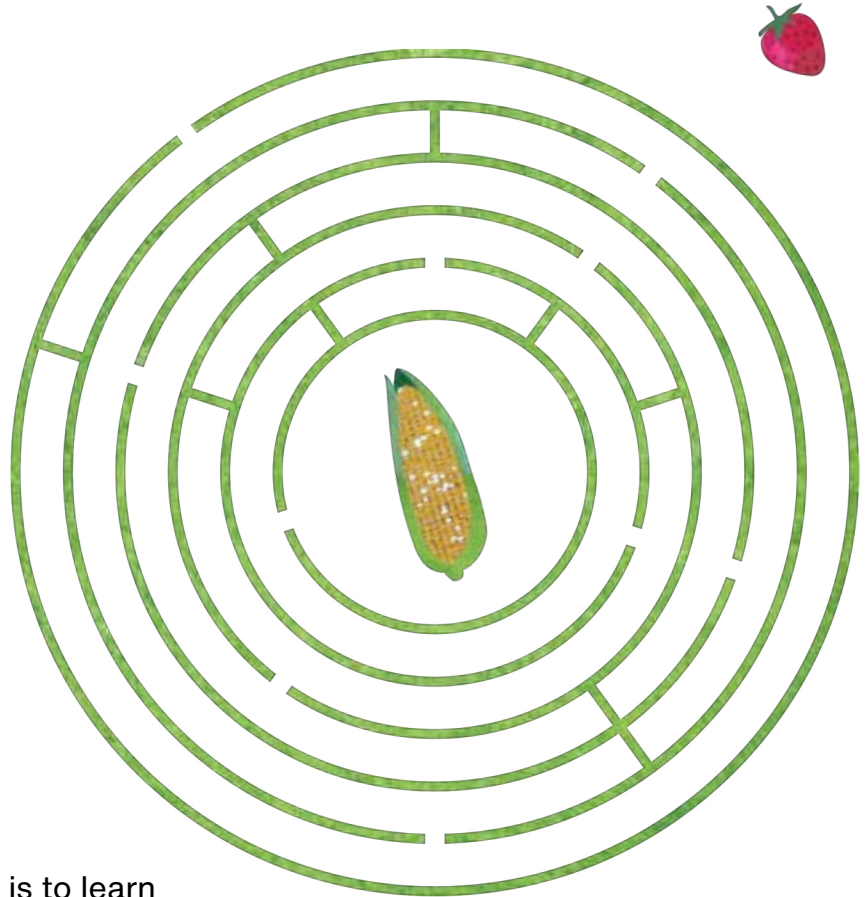




An amazing maize maze!

Families eat corn, or maize, around the world.

Can you follow this maze to get to the corn in the middle?



What does the Bible say about hospitality?

“For I was hungry and you gave me food, I was thirsty and you gave me something to drink, I was a stranger and you welcomed me.” (Matthew 25:35 NRSVUE)

This is one part of the Bible where we learn to welcome newcomers into our communities.

One way to make people feel welcome is to learn their names. Draw lines to match the names of these fruits and veggies to their drawings.

beet

carrot

eggplant

pineapple

strawberry



cabbage

corn

orange

spinach

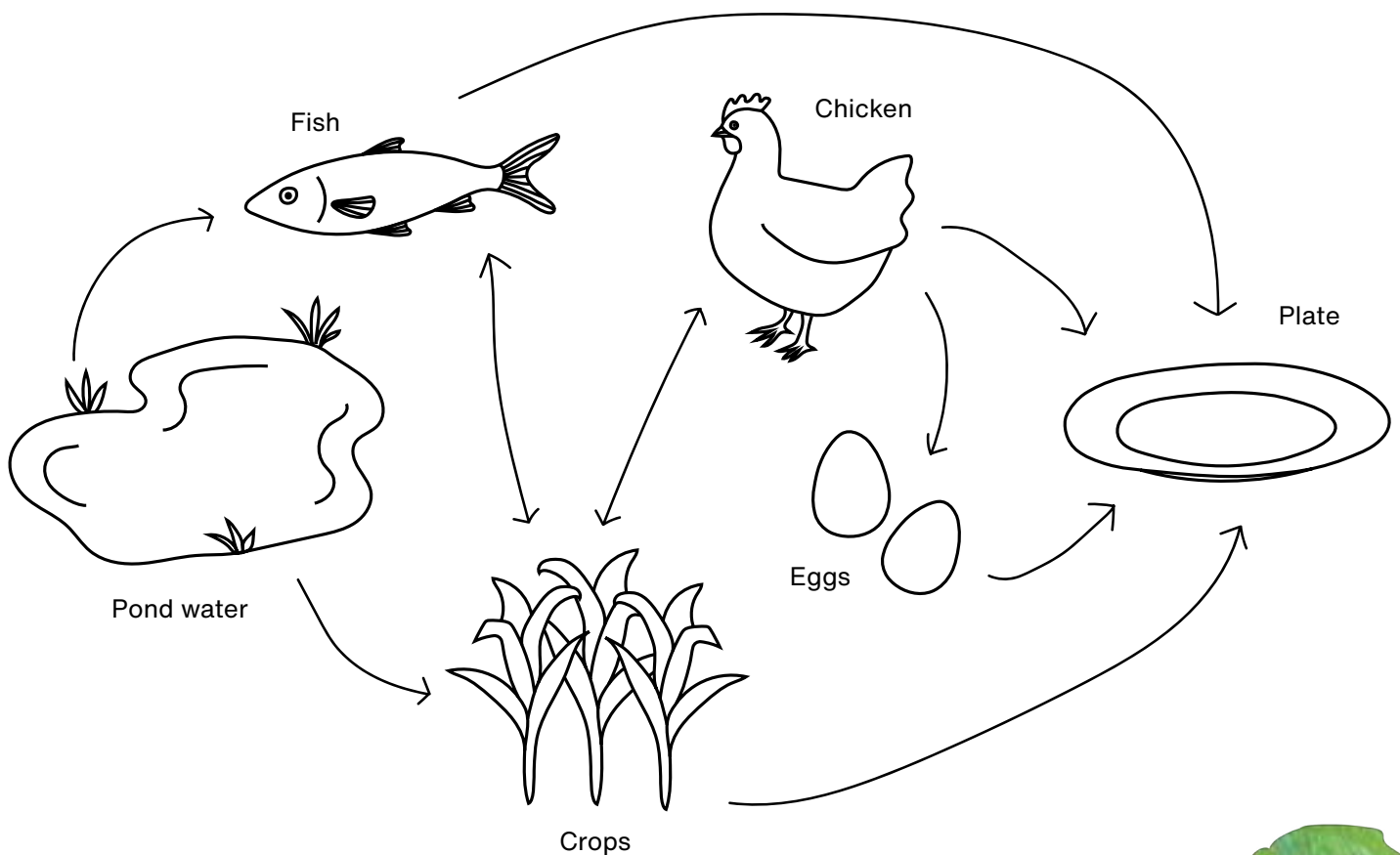
tomato



All of creation is connected

Farmers face many challenges. The good news is that God has created a world in which so many living things can help each other in different ways. Crops can be fed to livestock. Animal waste can be added back to the land to grow more plants. And if a family has a pond, the water can be given to plants and animals.

Color in each part of the web below using any colors you'd like. Then, draw your own pictures of a school of fish, a flock of chickens, a garden of veggies and a pond full of critters. Draw in the blank spaces of this page or grab a separate sheet of paper.



Thank you for collecting coins for My Coins Count.
We can make a difference together!

mcc.org/my-coins-count

